



Health Committee FACT SHEET

The Empowerment Congress (EC):

The Empowerment Congress is an ongoing effort in participatory government, founded on the principle that elected officials are most effective when the constituents they serve are actively involved in the decision-making process. The Empowerment Congress empowers, informs and engage all members of the diverse communities of Los Angeles County's Second Supervisorial District to ensure our collective voice is heard.

The EC Health Committee:

The EC Health Committee monitors health issues and legislative policies affecting the Second Supervisorial District to advise Supervisor Ridley-Thomas on key issues impacting the health and wellness of the community and mobilize the community to take action.

Goals:

1. Collaborate and link the Second Supervisorial District office with the community through the Empowerment Congress Health Committee.
2. Educate and inform the community about key health policies and initiatives impacting the Second Supervisorial District.
3. Support the work and activities/events of the individual EC Health committee members and the community.
4. Identify emerging health issues in the Second Supervisorial District and determine how to influence and develop policy.

Issues:

- Promoting awareness of Sexually Transmitted Diseases (STD's) and HIV/AIDS
- Supporting disease prevention activities such as the CARE NOW event
- Promoting nutritional and physical activities such as the Annual Revlon Run/Walk Team
- Hosting workshops on health related issues such as the Healthy Way LA
- Advocating for health issues impacting the community such as school based health centers and sickle cell anemia

To review the Health Committee's current Action Plan please visit the EC website.

Committee Meetings (check the website for any changes):

2nd Thursday of each month (5pm – 6:30pm)

Office of Supervisor Mark Ridley-Thomas ~ Exposition Office Community Room

700 Exposition Park Dr. ~ Los Angeles, CA 90037

For more information:

Please contact Health Committee Chair Sonya Vasquez at sonyavasquez.empowerment@gmail.com or the Second District Exposition Park Office at (213) 743-7200



Learn about the Food Revolution



Join us for a presentation about Revolution Foods with
Louie Diaz-Infante, Production Manager

Come hear about their exciting activities in the 2nd District

Empowerment Congress Health Committee

Thursday, February 9, 2011

5:00 pm – 6:30pm

Office of Supervisor Mark Ridley-Thomas
Exposition Park Office
700 State Drive ~ Los Angeles, CA 90007

First time coming?

Please enter on Exposition Park Drive off of Figueroa Blvd., there is a street light at this intersection.
Drive past the kiosk, enter the parking structure on your right.

If the attendant is there tell them you are attending Supervisor's Ridley-Thomas' Office; it's free to park.
Once parked, cross the bridge and **go straight** past the plane towards the walkway that veers **slightly** left.

For questions or to RSVP contact: Sonya Vasquez at sonyavasquez.empowerment@gmail.com
Or call the Exposition Center office at (213) 743-7200

www.empowermentcongress.org